

## **The COUCHICHING CHALLENGE**

### **Tuesday July 8**

### "A" ride only: This is a longer one – approx. <u>55 KMS</u> – with a choice of some climbing or mostly flat.

The group will ride together along the south shoreline of the lake, passing by the tributes to Gordon Lightfoot, before riding through woods and fields as we head toward Casino Rama. Passing by the casino (unless some riders have a biological need to stop in) we continue up Rama Road to Washago at the top of the lake. Another 4 kms will bring us to Lock 42 on the Trent-Severn system where we will rest for 15 to 20 minutes in the shade alongside the lock and possibly hear about the lock from the lock master. Washrooms and water are also available here.



#### Trent Severn Waterway – Lock 42

Leaving the lock, we head south on Boyd Rd & Cambrian Rd to Hampshire Mills Line where the

climbers can turn off and enjoy some hills on their way to Division Road and then turn right to the Uhtoff Trail at Carlyon.

The other A riders continue south on Cambrian to Carlyon Line, turn left and meet up with the warriors at Division Road as the Uhtoff Trail crosses Division at that intersection.

From this point it is all gently downhill, in the shade, past a beach and along the waterfront to Brewery Bay Food Company where we will enjoy lunch ...not far from where we parked our vehicles (about 2 blocks).

- The Start Time:
- "A" Ride: (Circumnavigation 60K) <u>LEAVING</u> Timmies at <u>8:30am</u>
- Lunch Time at Brewery Bay Food Company: approx. 1:00pm



- **Road/Trail Conditions:** Variable but mostly very good trail and pavement on both routes. This ride will <u>BE FINE FOR TIRES 28mm OR</u> <u>WIDER</u>. Some stretches of trail will be <u>CHALLENGING FOR 23mm and 25mm tires</u>.
- Grade Changes (AKA "Hills"): There are some rolling hills along the roads on the circumnavigation. The Hampshire Mills cutoff has more substantial climbs.

 Prepare for the day: Lunch is at the end of the ride at about 1:30. Bring water. Bring a snack, and/or an energy bar, and/or a hip flask. Riders, be ready to do 20 to 30-minute stretches along the roads. There will be regular stops as well as those mentioned, but we will want to get some good cruising

in.\_

# BEFORE MONDAY MORNING July 7!!!

# LET THE LEADERS KNOW YOU ARE COMING!

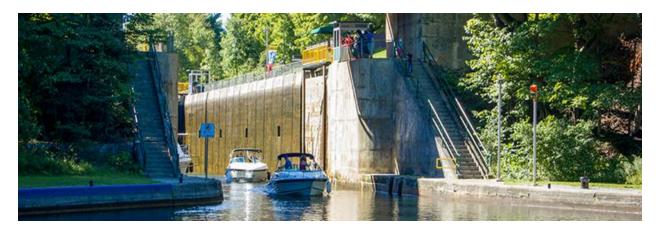
### LET THEM KNOW IF YOU WILL BE LUNCHING AT BREWERY BAY

### **LEADERS**:

Dan Edwards – <u>edbrasco@gmail.com</u> (705) 888-99842

Dennis Onn –

<u>dennis.f.onn@gmail.com</u> (705) 293-0456



Lock 42

Link to route map on Google maps: <u>https://maps.app.goo.gl/</u> 7vSx1br23Xcgp28s9

**NOTE:** In case anyone not joining the regular group would like to do a bike ride in the Collingwood area, contact George Christie and see if he will be leading a trip somewhere around Town.